### Additional services available at Bracebridge Children's Centre

If you would like any further information on the services available at the Children's Centre, please ask a member of staff.

## Bracebridge Children's Centre is part of Lincoln Central Children's Centre Group which also includes:

Lincoln Central – 01522 843355 Lincoln Moorland – 01522 554886 Lincoln Abbey – 01522 555689

#### Learning Together Babies/ Tweenies'/Toddlers (age specific)

Learning Together offers a variety of activities as well as a Talk Time, songs and stories to support children's development, by building their confidence as they learn to explore.

#### Stay and Play Under 1's (0 -1yr)

This session aims to support developing babies to grow and learn. Activities will encourage babies to reach their developmental milestones, following their interests and curiosities.

#### Learning Through Play (0 – 8yrs)

This drop in session provides a variety of activities for children to explore supporting children's changing needs and interests, the session offers an opportunity for parents, carers and children to discover and explore a wide range of play activities together, encouraging children's independence, confidence and social skills.

#### Rhyme Time (0 - 8yrs)

A music and rhyme themed session where children can develop their language and communication skills be singing along to their favourite songs and nursery rhymes.

#### Little Explorers (0 - 8yrs)

A sensory and messy play session providing materials of differing textures, temperatures and consistencies for children to explore, supporting their development and growing confidence.

#### Early Explorers (0-1yr)

A sensory and messy play session providing lots of fun filled opportunities each week for babies to explore using their senses, giving them an opportunity to learn and explore supporting their early development.

#### Let's Get Active (0-8vrs)

This is a fun active session offering a variety of activities to support children's physical development and promote a healthy life style. During the session a variety of fun learning opportunities will be offered to support the development of children's gross motor skills, co-ordination and teach them that being active is fun!

#### **Virtual Opening Doors to Employment**

This four-week employability course is for parents who are ready to look for a job but could do with a helping hand. By the end of the course, you will have an up-to-date CV, know how and where to effectively job search and feel confident about communicating your skills and experience during interviews.

#### Virtual Grow your own Confidence

A friendly and relaxed 4 week course for parents who would like to build their own confidence. Run in partnership with Lincolnshire Adult Skills and Family Learning Service.

#### Health Visiting Team (birth – 6vrs)

If you would like to speak to the team about your child's health please call SPA on: 01522 843000.

#### BreastStart Group (all breastfed babies)

Come and join us in a relaxed, friendly environment, chat and meet other breastfeeding mums and get some support and advice. A member of the health visiting team supports the group. Pregnant ladies also welcome. Opportunity to self-weigh breastfed babies.

# LINCOLN Bracebridge Children's Centre

## WHAT'S ON GUIDE



From Monday 14th Feb - Friday 18th Feb

Bud Robinson Community Centre Maple Street Lincoln LN5 8QT

Telephone: 01522 525610

Email: <u>Bracebridgecc@lincolnshire.gov.uk</u>

Like us on Facebook to stay in touch



## For all up to date information please go to our web pages at:

 $\underline{https://www.lincolnshire.gov.uk/childcare-and-family-support/find-a-number of the property of the property$ 

childrens-centre/





# Lincoln Bracebridge Children's Centre

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
	Let's Get Active (0 – 8yrs) 10:00-11:00  Opening Doors to Employment 4 week course 10:00 – 11:00 Email beststart@eyalliance.org.uk to find out more or when the next course begins	<b>Early Explorers</b> (0 – 1 yr) 10:00 – 11:00	<b>Rhyme Time</b> (0 – 8yrs) 10:00-10:45	Learning Through Play (0 – 8yrs) 10:00 – 11:00
		<b>Little Explorers</b> (0 – 8yrs) 1:30 – 2:30		GROW Your Own Confidence 4-week Course 12:30 – 1:30 Email beststart@eyalliance.org.uk to find out more or when the next course begins